

**Request to Interview: *i love the way you say goodbye, a celebration of letting go***

*i love the way you say goodbye* is a celebration of letting go, and a reflection on the amazing ability humans have to hold grief. The project will be rooted in one-on-one interviews, and will include a live performance and party celebrating our ability to say goodbye, as well as a publicly accessible document with community-generated suggestions for supporting the sorrow of oneself and of others.

To begin this process, I would like to meet one-on-one to ask a set of 19 questions about saying goodbye, letting go, rituals, and memory. These interviews can be casual in nature, and while the subject may seem heavy, my goal is to root the experience in celebration. I am hoping to take no more than an hour of your time, and would appreciate your collaboration deeply!

I want to let you know upfront that it is my hope to record these interviews. These recordings will *not* be available to anyone other than myself - and I am happy to refrain from recording if you prefer. I am aiming to hold in-person interviews, and am happy to meet you at a location of your choosing, or have you meet me at the University Settlement on 184 Eldridge Street.

If you're interested, or just want to know more, please email me at [schafferphilip@gmail.com](mailto:schafferphilip@gmail.com) and we can pick a date/time!



ABOUT ME: I am a theatre-maker creating interactive performances in unexpected places (such as audience members' bathtubs or closets)! My interest in this project and process is rooted in my belief that community support, and collaboratively generated rituals, are the strongest way to navigate life. I was not raised talking about grief, and it has taken me a lot of work to break down my own internal barriers to share my deepest emotions! I am interested in continuing to destigmatize discussions around grief, goodbyes, and mourning, and in doing so, hopefully, finding opportunities for joy in our shared reflection.