

i love the way you say goodbye, a celebration of letting go - interview questions

Cycle 1 - Questions about Loved Ones

1. Can you share the last time someone made you laugh really hard?
2. Can you tell me about a great meal someone you love made for you?
3. Can you tell me about a great gift that someone got for you?
4. Will you share a memory of someone you love, who you have not seen in a long time?

Cycle 2 - Questions about Goodbye and Letting Go

5. Will you tell me about a time when you had to say goodbye to someone, temporarily?
6. Will you tell me about a time when letting go was joyous?
7. Will you tell me about a time when saying goodbye was hard, but you did it anyway?

Cycle 3 - Questions about Rituals

8. Will you tell me about a ritual for mourning that you learned from your community?
9. Will you tell me about a ritual for mourning that you found or invented for yourself?

Cycle 4 - The Perfect Goodbye

10. Will you tell me what the perfect goodbye would look like to you?

Cycle 5 - Questions about Memory

11. Will you tell me what you think is the most important thing to remember about the people who you say goodbye to?
12. Will you tell me what you hope the people around you know is true about you?

Cycle 6 - Questions about Community

13. Will you tell about a time a friend, community member, or loved one supported you through your grief?
14. Will you tell me about a time a friend, community member, or loved one helped you say goodbye?
15. Will you tell me what advice you would share with a friend who has experienced grief?

Cycle 7 - Questions about Loved Ones

16. Will you tell me about a time when you felt supported by someone else?
17. Will you tell me about someone who you will never forget?
18. Will you tell me about someone who made you smile recently?
19. Will you tell me about a recent time when you made someone else smile?

Rules:

1. I ask because I mean it.
2. Anything I ask, I must be willing to answer.
3. You can always say no to answering a question, and I will move on without pressuring you or asking why you don't want to answer.
4. We walk out *together*.